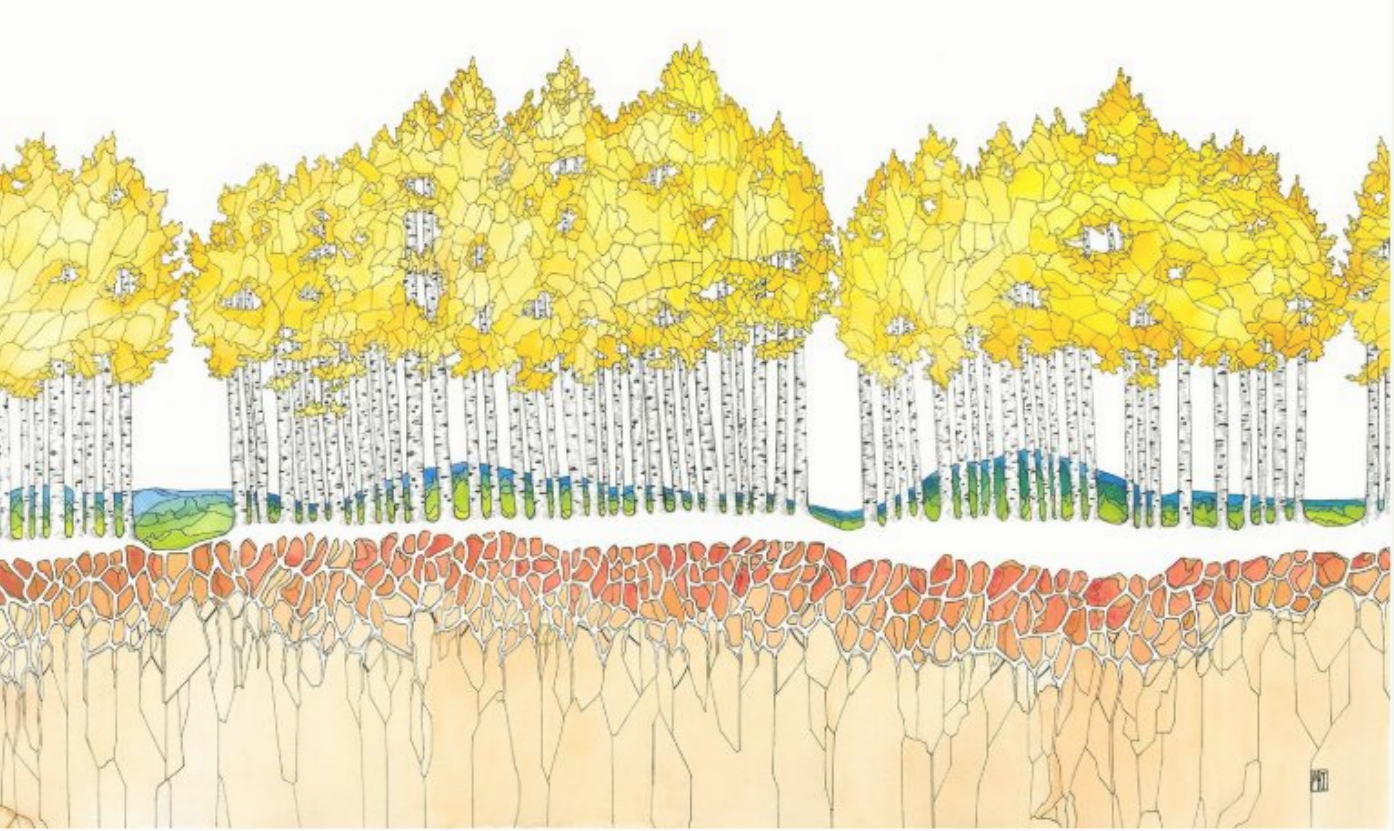


Image: **Shared Roots**, 2022 by Mattie Rose Templeton

An Invitation to Enable Emergence Through Experience

Circular Patterns

February 2026

IDEA

A place based learning journey, co-creation and celebration of life in all forms, with a ***Food is Medicine Festival*** **in San Francisco to run alongside Human + Tech Week**

Inquiry

How do we heal the disease causing humanity’s separation from our very nature, and compost beliefs that we are separate from other life forms?



Image: **Ruins of Hiroshima, 1945 National Archives**

A festival grounded in healthy soil, food and communities, might create conditions...

To ground our sense of belonging in more than human constructs

For building relational bridges between theory and practice

To offer experiences for participants to be present TO the world

To sit with contradictions, complexity and uncertainty

For collective inquiry and epiphany moments

Inspired by, and adapted from, Vanessa Andreotti and Nora Bateson at the Aunties' Kitchen Table, 8/13/24 from the Decolonial Futures Collective

Food IS Medine Festival

Invite everyone supporting healthy soil, food and communities to request a festival pop up space

Enable a Doughnut Economic based mapping for organizing and promoting pop ups

Imagine aunties, elders, artists, authors, farmers, nonprofits, tech, social justice, educators, healthcare...

Anchored by two open space technology Unconference events, facilitated by Unconference.net/ Kaliya Young that provide containers for emergence, metabolizing and collective inquiry and epiphany.

Our Festival could run alongside **Human + Tech Week** when "*leaders, builders, and investors advancing applied AI to reshape work, health, and cities to help humanity thrive,*" **convene in San Francisco from May 11-15.**



IMAGE: Created with Canva AI

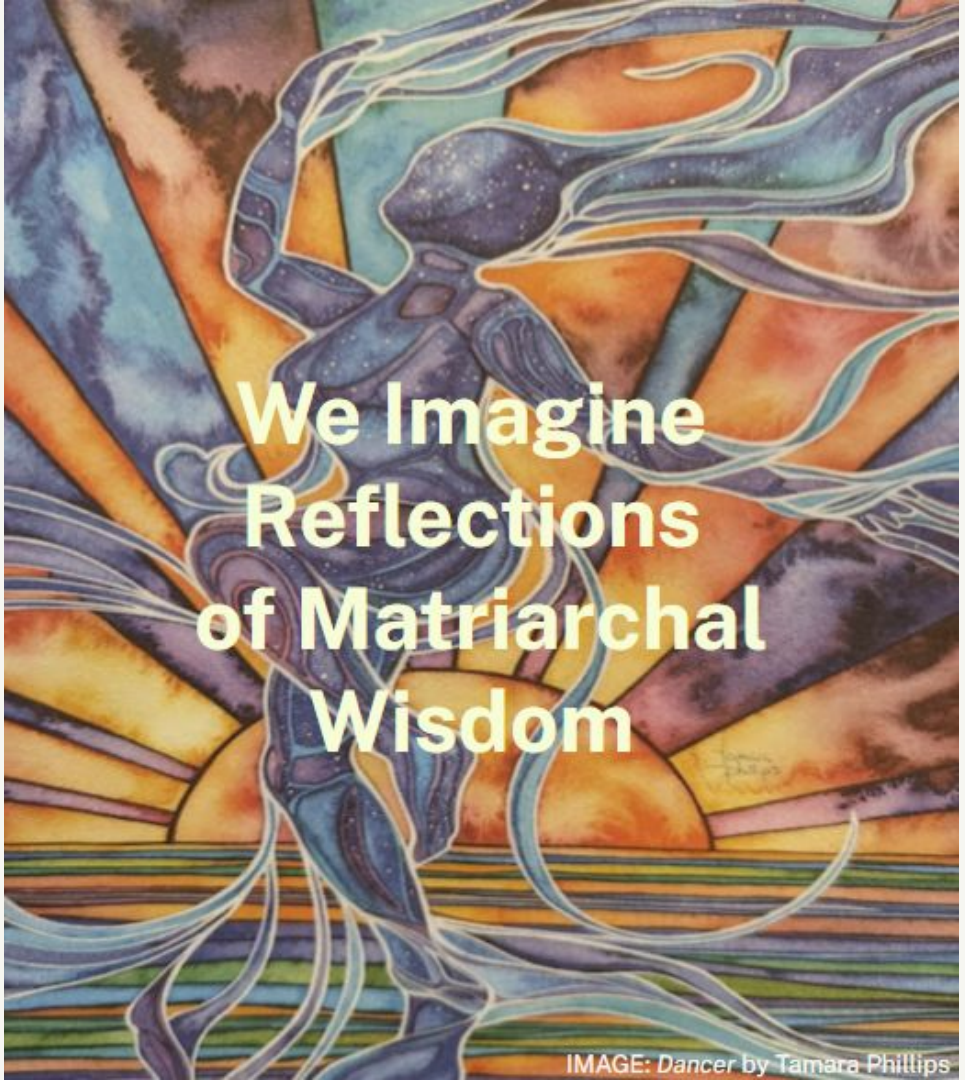


IMAGE: *Dancer* by Tamara Phillips

Vacant to Vibrant
by SF New Deal

FOOD IS MEDICINE FESTIVAL OF POP UPS

San Francisco California

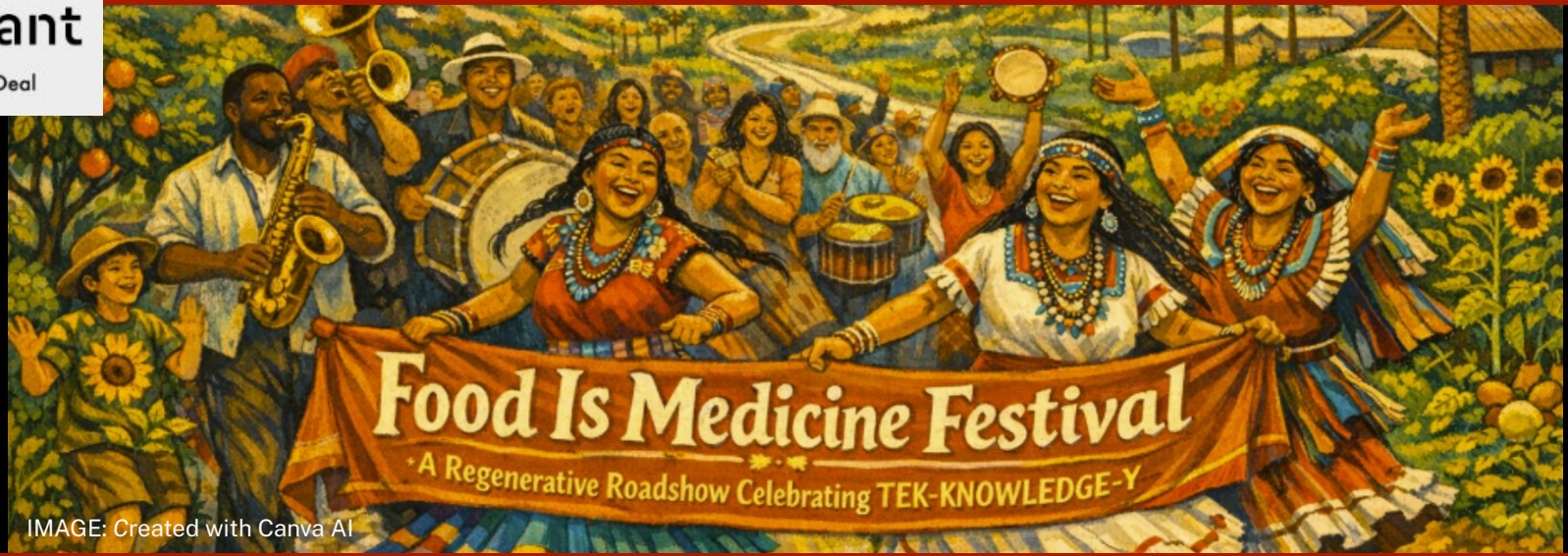


IMAGE: Created with Canva AI

May 10-16 2026

May 10 & 11

Bay Delta Bioregional Unconference for Regeneration

4th Edition

UNconferences at

MAB

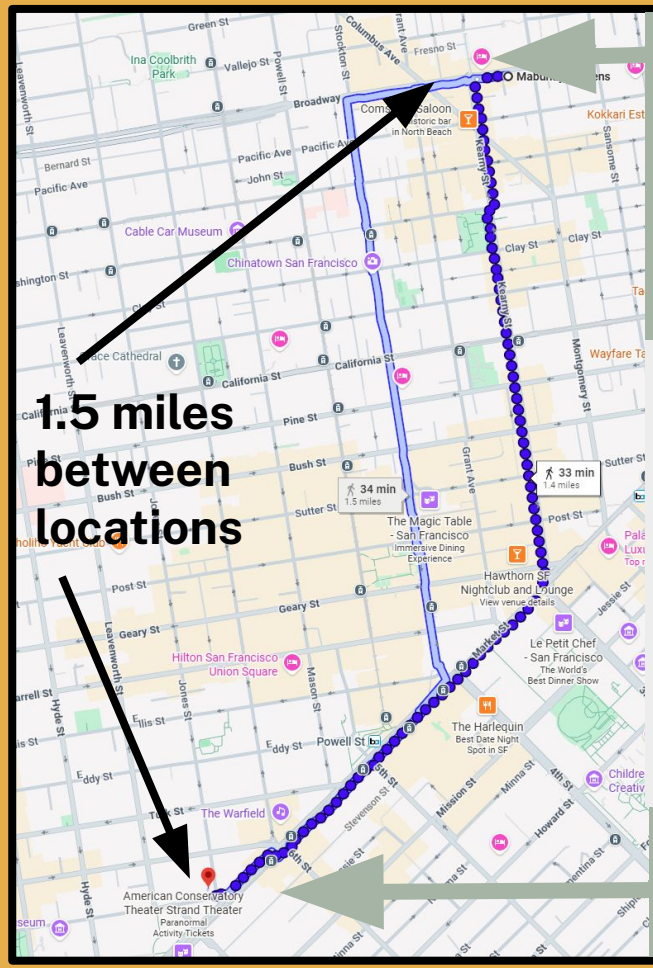
May 15 & 16

She's Geeky

AI Edition

Inquiry

Could we gather enough resources to support SF New Deal expanding Vacant to Vibrant programming in support of a ***Food is Medicine Festival of Pop Ups for the week of May 10-16?***



Unconferences at Mabuhay Gardens (MAB):

→ **Bay Delta Bioregional Regeneration**

→ **She's Geeky,** AI Edition

Vacant to Vibrant

by SF New Deal

Human + Tech Week Conference at The Hibernia

If restoring Earth becomes humanity's central intention, there is no way we can fail.

~ John D. Liu

Ecosystem Restoration Researcher, Educator and Filmmaker

Imagine if a novel concept called ***Neighborsheds***, enables the co-creation of community centric, led and managed fields for collective wellbeing and bioregional regeneration.

What are

Neighborsheds

Neighborshed technologies rest upon decentralized, place based datasets that inform meta-relational AI based ecosystem building tools, supporting collective and personal inquiry and epiphany, around **aligning humanity to become a planet positive and life affirming species on Earth.**



Imagine Neighborsheds Helping Metabolize and Compost Modernity

What are Neighborsheds

- ➔ **A field** where we can remember the value of being human
- ➔ **A form** for organizing value
- ➔ **A social technology framework**
- ➔ **A lens** for perceiving ourselves as part of the universe of life
- ➔ **A connector** enabling many-to-many relationships supporting systems-based changemaking at scale
- ➔ **A lighted path** for disadvantaged travelers on the journey toward mutual assured thriving for all life

Imagine Neighborsheds Seeding a Global Bioregional Regeneration Movement

Imagine

Co-creating a prototype *Doughnut Economic Regenerative Rubric* (DERR), for pop up registration, that also explores the Neighborshed thesis and inquiry.

Thesis

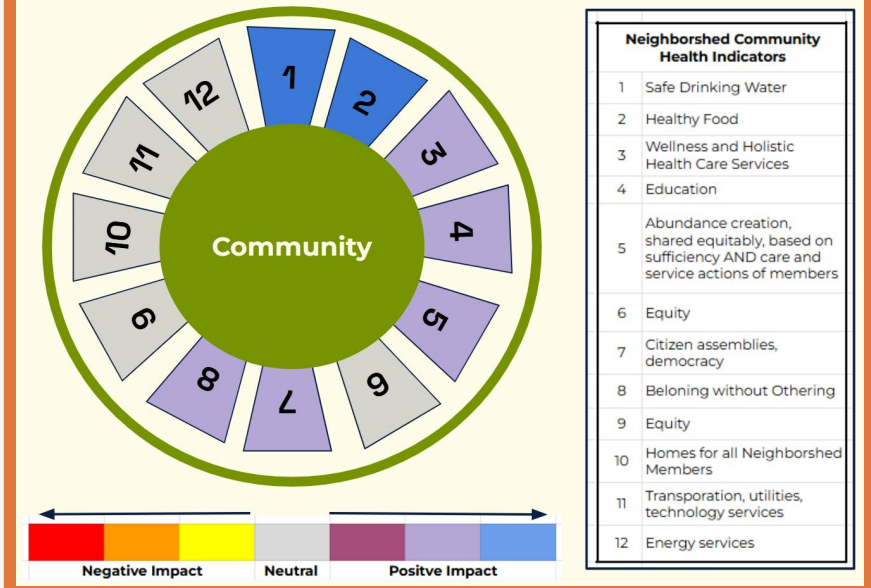
An activated community can work together, to re-contextualize daily life, to become supportive of thriving and flourishing local, regional and planetary ecologies, where all life forms belong.

Inquiry

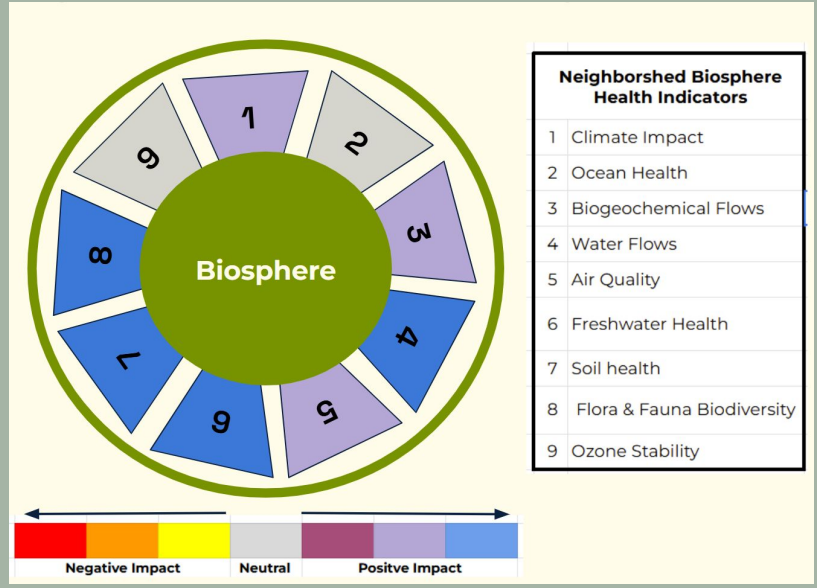
Could we employ meta-relational AI and place based datasets, to support collective and personal recontextualization, helping communities heal while metabolizing grief and composting modernity.

Neighborsheds

Pop Up Inquiry *Which of the indicators does your work address?*



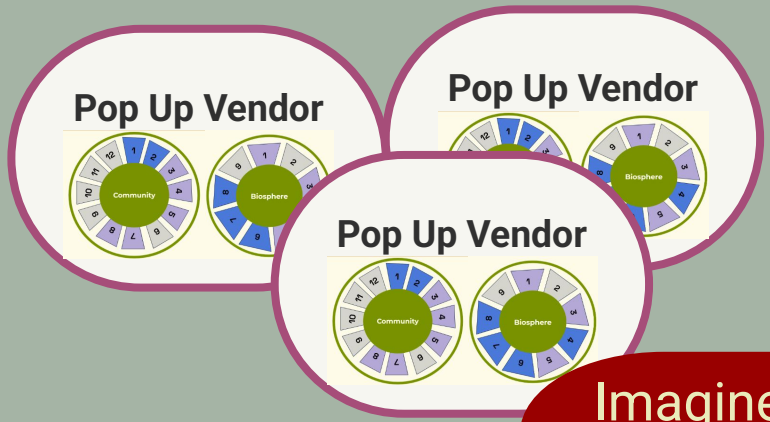
Neighborshed Community Health Indicators	
1	Safe Drinking Water
2	Healthy Food
3	Wellness and Holistic Health Care Services
4	Education
5	Abundance creation, shared equitably, based on sufficiency AND care and service actions of members
6	Equity
7	Citizen assemblies, democracy
8	Beloning without Othering
9	Equity
10	Homes for all Neighborshed Members
11	Transporation, utilities, technology services
12	Energy services



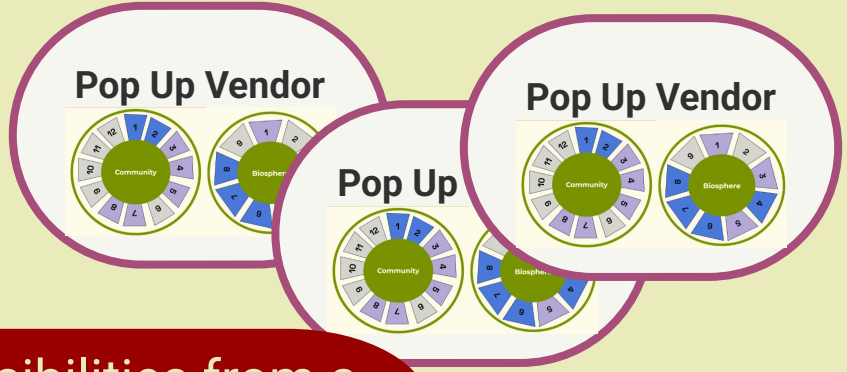
Neighborshed Biosphere Health Indicators	
1	Climate Impact
2	Ocean Health
3	Biogeochemical Flows
4	Water Flows
5	Air Quality
6	Freshwater Health
7	Soil health
8	Flora & Fauna Biodiversity
9	Ozone Stability

Imagine the possibilities of a Doughnut Economic Regenerative Rubric (DERR) based registration process

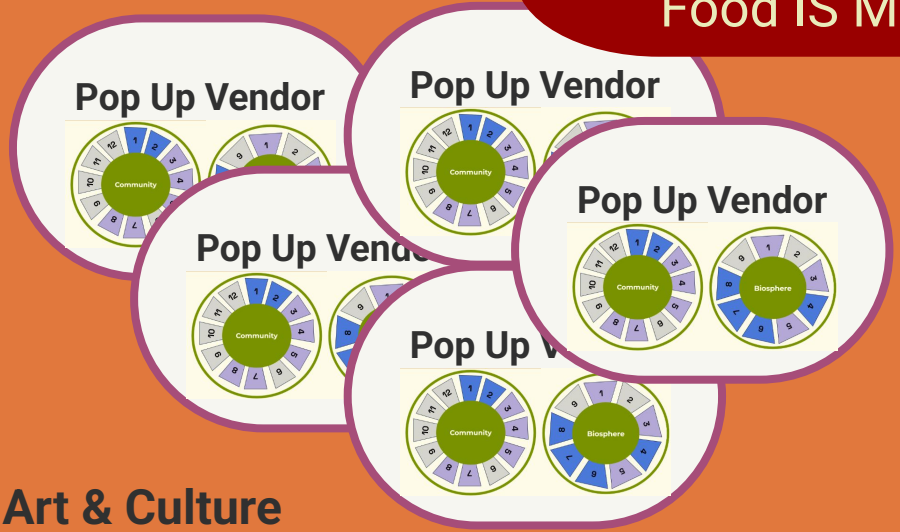
Soil, Food, Water, Health & Wellness



Science & Technology



Imagine the Possibilities from a Food IS Medicine Festival



Art & Culture



Peace & Justice

What We Need

May 10, 2026 is 81 days and subtracting

With money to **pay people** and **book spaces**, we can apply open space technology and regenerative principles, to co-create our collective vision of the Paris 1889 World Fair, in the San Francisco Bay Area, where modern technology was born.

People

Spaces

Money & Resources

The Invitation

We are standing at a fork in the road

- One path continues the dominant trajectory of extraction, separation, and collapse. The other path — **the one to the right — leads toward mutual assured thriving for all life.**

- Neighborsheds could become lights to follow for disadvantaged travelers, choosing the right fork. **The Food Is Medicine Festival is one of those lights.**

- **We invite you to join us in this emergence.** Not because we have all the answers. Not because we can promise certainty. But because we need each other to metabolize what's crumbling and compost it into soil that can nourish the future we're growing together.

  - **Standing upon healthy soil. Standing next to our neighbors. Standing TOGETHER.**

- **This is how we heal.** This is how we revitalize. This is how we ensure circular longevity of community wellness and biosphere processes for seven generations forward.

The Moment

The time for elegant diagnosis has passed. We need communication that lowers the threshold for participation, creates clarity around what to do, and builds shared identity and coordinated behavior. **Activism without risk is just PR.**



IMAGE: Created with ChatGPT AI

The Shambhala Warrior prophecy, originating in Tibetan Buddhism, speaks of a time when the world faces grave danger due to humanity's destructive tendencies. It foretells the emergence of "Shambhala warriors" – **ordinary individuals who, armed with compassion and insight, will work to dismantle the destructive forces from within. This kingdom is not a physical place, but rather a state of mind and heart found within these individuals.**

Work That Reconnects Network, Joanna Macy on the Shambhala Warrior Prophecy.

OUR TEAM

Imagineer & Producer
Tracey Rogers Brandt



A regenerative ag and economics thought leader and practitioner, founder, community builder and skilled event producer.
www.circularpatterns.com

She's Geeky Founder
Kaliya Young



A globally recognized expert in unconference methodology and movement-building through collaborative gatherings.
https://unconference.net/

Your Name Here

Technologists

Event Producers

Storytellers

Artists

Dreamers

Doers

We hope to co-create

- ➔ Two Open Space Technology Unconference events anchoring the Food Is Medicine Festival
- ➔ Pop-up vendor spaces, in vacant San Francisco retail locations, partnering with SF New Deal and their Vacant to Vibrant program
- ➔ Pop-up vendor registration process with elements of the Doughnut Economic Regenerative Rubric (DERR)
- ➔ Life affirming and planet positive counter-narrative stories and visions, of human potential in the Age of AI, with an open source archive of learning

What We're Asking For

- ➔ **Festival partners** including CalDEC, SF New Deal, Mabuhay Gardens and as many as we can recruit

- ➔ **Festival seed funding** and/or presenting sponsors to allow action to begin NOW (*we need to be paid to do this work*)

- ➔ **Festival Tech Team** for the Doughnut Economic Regenerative Rubric (DERR) based registration process and pop-up mapping, layout, promotion, archive of learning and more.

- ➔ **Festival Production Team** to join Circular Patterns and Unconference.net in co-creating opportunity for unimaginable possibility

Why You Should Support Us

- ➔ Empowers communities rather than imposing solutions
- ➔ Honors indigenous wisdom and matriarchal principles
- ➔ Creates conditions for healing and transformation
- ➔ Offers tangible demonstration of regenerative technology in action
- ➔ Creates a replicable model for other communities
- ➔ Creates a counter-narrative to extractive AI driven futures
- ➔ Bridges theory and practice

Will YOU Join Us?

Festival Tech Team

Festival Partners

Festival Seed Funding or Presenting Sponsors

Festival Production Team

Thank You!

Tracey Rogers Brandt
she/her

tracey@circularpatterns.com

415.298.8816

circularpatterns.com

https://www.linkedin.com/in/tracey-rogers-brandt/