

#### What is Success?

To laugh often and much;

To win the respect of intelligent people and the affection of children;

To earn the appreciation of honest critics and endure the betrayal of false friends;

To appreciate beauty;

To find the best in others;

To leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition;

To know even one life has breathed easier because you have lived;

This is to have succeeded.

~ Ralph Waldo Emerson

Humanity needs a safety rope to hold onto as we collectively, and individually, navigate our way through the change in era, from the toxicity of anthropocene modernity into a life sustaining new world

By Tracey Rogers Brandt

order. We must build this new world together, being both unified and decentralized. A new world based on regenerative principles that are planet positive, life affirming and in service to all life, while planning for at least seven generations forward. A new world where humankind celebrates our fundamental and undeniable truth, that we ARE nature. The notion that we can "other" nature as if we do not belong among the living world, is, quite frankly, absurd.

A watershed is an area of land that channels rainfall, snowmelt, and runoff into a common body of water. A "neighborshed" is a novel concept grounded in an area of land, or a bioregional place, that channels humanity's mind, body and spirit into a common purpose, finding passion in their service and care for all life, human and non-human. Neighborsheds provide local communities a safety rope to hold onto, as they plan and create emergency preparedness programs, to ensure neighborshed members are ready to receive chaotic infrastructure disruption, civil unrest and natural disasters, with stabilized physical and mental health, clarity of vision for a nature based future, and abundance of equitably shared resources (food, water, tools, energy, shelter), to both survive and focus on growing possibilities. Neighborsheds organize communities to improve circularity for food and water via both rewilding urban and suburban landscaping and implementing agroforestry practices. Neighborsheds bring people together in real life, outside, off screens and away from brainwashing media, to support them through withdrawal from screen and dopamine addiction.

Neighborsheds are foundational to ecological community building. Neighborsheds are urban, suburban and rural based community groupings that enable innerwork for the masses, via acts of caregiving and service, working shoulder to shoulder with their neighbors, supporting their individual, family and larger communities resiliency and physical, mental and spiritual health. Neighborsheds are gardens, where we decide, intentionally, to interact and cooperate with the living forces of nature. Neighborshed gardens are places where we build and nurture diverse, meaningful, and mutually beneficial relationships with the living world.<sup>1</sup>

A garden, as Félix de Rosen teaches in his seminal book, *A Garden's Purpose, Cultivating Our Connection with the Natural World*, is not a place separate to the world but a tether to it. Gardens fill us with hope and wonder. As gathering places, they nurture friendships and communities and they

<sup>&</sup>lt;sup>1</sup> Adapted from Felix De Rosen, A Garden's Purpose, Cultivating Our Connection with the Natural World

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make us pause and appreciate our surroundings. Full of edible plants, they nourish us. Full of diversity—human and non-human—they connect us with the polychromatic world in which we live. They make us feel at home in our own bodies, in our cities, and on our planet.<sup>2</sup>

There is a preponderance of well intended intellectuals, sharing vast bodies of work spanning generations, and churned out daily on substacks, to illustrate what we need to do and why we need to do it. Calls for inner work are so loud and redundant they have become background noise. However at this late hour, when more than 9% of the world's population or about 700 million people, live in extreme poverty and 44% or approximately 3.5 billion people, live on less than \$6.85 per day, repeated directives for humans to do the inner work needed to avoid collapse, falls flat.

You cannot change how someone thinks, but you can give them a tool to use, which will lead them to think differently.

~Buckminster Fuller

Humanity needs a trusted and safe container that can support, teach, inspire, nourish, connect and provide an open source modeled playground, to collaboratively create foundations for a future bioregional based, regenerative human experience and economy. A human economy that becomes planet positive, life affirming in service to human and non-human life. With a safe incubator container, we can model a future world, while living in this world.

Neighborsheds, connected together via a mycelial network, can trial emergent and novel technologies and programming, built with intentionality to scale out via a novel Commons Global Alliance, supportive of mutual learning and customized on and off ramps as we move forward to deconstruct and reconstruct human civilization with no downtime. New wars grow more frightening and crimes

of moral turpitude from the Tech billionaires and the Financial and Fossil Fuel Industries further demoralize humanity.

<sup>&</sup>lt;sup>2</sup> Felix De Rosen, A Garden's Purpose, Cultivating Our Connection with the Natural World

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We need humans to actively listen, to break free of the brainwashing media promising avatars and riches and little concerns, once uploaded to the metaverse. We need humans around the globe to find their purpose in working together to create a new world order, and telling them to do the inner work else the planet dies has not worked, is not working and there is no reason to believe, given the predicament, that it will work.

Neighborsheds provide education, via a new tool, to unlearn presumptions underlying modernity, like the impossibility that infinite extraction of finite resources is possible. Neighborsheds, as part of a larger novel entity, that is both decentralized and unified, are built upon principles of protecting the planet and building communities grounded in place, and based on abundance, equity, sufficiency and belonging without othering. Possible neighborshed programs for rewilding urban and suburban landscaping include:

- → Eliminating green and plastic lawns.
- → Savoring every drop of water and eliminating practices of connecting piping to roofline storm drains, to send precious rainwater to the street and gutter in order to protect our green grass lawns, unable to hold the precious rainwater.
- → Composting organic matter and eliminating the practice of blowing organic matter falling from life sustaining trees, in glorious blazing colors, to the street, to be pulverized into the concrete, and directed into the landfill, or clogging storm drains and flooding streets.
- → Activate integrated edible front yard gardening programs, with local high school and college students, local farms, nurseries, and more. Welcoming all neighborshed members to participate as little or much as desired, in the planning, growing, harvesting and eating of the neighborshed's agroecology pilot project to improve local food supply.
- → Activate integrated emergency preparedness programs, with local high schools and colleges, local farms, local governments, local civic and non-profits and for profit businesses, to ensure neighborshed members are ready for supply chain disruptions, infrastructure failures, natural

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disasters and societal collapse. Ie- Conceive and create multiple plan B options, based on various scenarios, such as how to approach a civic unrest event with no working cell towers or internet.

I spent the holiday with my daughters in Wake Forest North Carolina visiting family. While exploring landscapes and sharing narrative stories of the generations of my family that originate from Eastern North Carolina, we visited Raleigh, Durham, Chapel Hill, Carborro, Pittsboro, Youngville, Wilson and Wake Forest. The degree to which isolated Boomer Americans, sitting in front of televisions running FOX news all day and night, are an emotional tinder box ready to blow, can not be over emphasized. Humans must begin something at scale, to connect communities of humans favoring a nature based future, outside of our modernity container, so that when it fails, and we know it will, we are able to continue building our new world.

I have a dream to build a <u>regenerative tech stack</u><sup>3</sup> based "force field," based on an entirely new model, to create a safe and open source container, to collaboratively create foundations for a future bioregional based, regenerative human experience and economy. When I close my eyes I see a future where participation is available for the whole world and mapping happens as humans and entities opt to join an Alliance we create for the Commons based on Bioregionalism. Ie- The Commons Bioregionalism Alliance or CBA for short.

Today we live in a culture based on enforcement philosophy because we built our world order on a corrupt and toxic system. Neighborsheds provide a pathway through bioregionalism and emergency preparedness programming, built upon a novel regenerative technology "funnel" to enter the safe container where we only focus on one of these with all that we "do."

<sup>&</sup>lt;sup>3</sup> Groopman, Jessica and Lanyard, Danielle, founders of The Regenerative Technology Project

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Provisioning to join could include inquiry to learn about the human or entity, verify digital identity and receive their input associated with the 13 above categories, where they are presented with questions which lead to an output value of something like this:

- **Negative** Impact Member would have lowest access with transformation pathways to increase access with education, reskilling, community service options for learning by doing and more)
- Neutral Impact Access wider, options different
- Positive Impact: Interested Access wider, options different
- Positive Impact: Experienced Access wider, options different
- Positive Impact: Expert Access wider, options different

I see the possibility to trial building the foundations of what a new world would look like. With intentionality and nurturing, we just might enable a global dance amongst the bioregionalists and the regenerates and anyone supportive of a nature-based future, where we let go of notions of being in control and return to our species first principles, which is that we ARE nature. We are part of life. And we are committing suicide with our current way of living.

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A novel and safe Commons Bioregionalism Alliance "container" is safe due to all CBA members having to enter through the novel tool that becomes a funnel to enter this new world, have your identify verified, map your input to create your account that highlights your offers, passions and purpose to help you find localized and aligned service needs. We can safely dance and create abundance that we can equitably distribute, amongst neighborshed members who belong to the biogregion where sufficiency is the rule. We can align from a bioregional realm<sup>4</sup> foundation, to bioregions (ie- Bay Delta) to neighborsheds and geopolitical connections like districts/counties. Imagine a world where elected officials for cities, states and nations hoarding power, is a relic of our ancient past. Counties or districts offer enormous potential for transformation pathways from our capitalist based, geopolitical framework that is modernity.

The CBA provides needles and threads to every human around the world that wants to start stitching to weave the proponents of a nature based future together, via being connected with the mycelial network of the CBA which can midwife a new bioregional based governance model for the future rather than a model based on winners of the last world war.

This is my latest entry point, as I attempt to share ideas that have lived in my imagination for over a year, as I navigated the tortuous journey of my adult life collapsing and losing all materiality from my previous life. I found myself in the ruins. Letting go set my spirit free. I wake each morning ready to receive whatever comes my way. I am now able to revel in the magic of being alive and the joy of caregiving and service. I re-lit my pilot light after living outdoors in my garden during the day and sleeping on a roof deck for a year, under the starry skies. I have the benefit of somatic healers including an incredible workshop with Gabor Mate and Betsy Politin. I also have 20 years as a regenerative focused woman pioneering winemaker and business owner, who co-founded Berkeley's Gilman District and the Gilman Wine Block. I see possibilities to build a new future outside of the "modernity" container that is toxic and corrupt. I am not sharing this as a plan of what you should do. I share my imagination as a packet of heirloom seeds, seeking a nourishing garden bed, and gardeners.

<sup>&</sup>lt;sup>4</sup> Realm: the broadest biogeographic division of Earth's land surface, based on distributional patterns of terrestrial organisms (i.e. continent-scale), One Earth, What is a Bioregion by Karl Burkart

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Imagine These Headlines :)

# Neighborsheds Enable Inner Work at Scale, While Grounded in Place, And Focused on Planet and Community

Neighborsheds Enable Bioregional Funnel Funding, Providing Novel Regenerative Economy Seeds and a Nourishing Garden Bed, with Pathways from Capitalism to a New World Order.

> Luddites and "Tech for Good" Unite Around Neighborsheds, Activating Explosive Fundraising Growth and Surpassing Stretch Goals for All 14 CBA Realms!

The Bay Delta Bioregions Will Lead the United States Pilot Programming, Starting with "Neighborsheds," Which Activate Community Created, Led and Managed Integrated, Ecological Programming to Seed a Bioregionalism Movement.

Melinda French Gates donates \$1 billion to fund Al Gore's Climate Reality Project Transformation, to Become the Incubator for a Future Commons Bioregionalism Alliance.

#### READ MORE ABOUT ME AND THESE IDEAS:

- → <u>Tracey's Resume</u>
- → Enabling Pathways, a summary with an abstract based on UCSC to lend clarity
- → FAQ to introduce my slide presentation: Growing Spiritual Capacity with Nature Based Regenerative Tech & Localized Belonging Programs
- → <u>SLIDES</u>: Growing Spiritual Capacity with Nature Based Regenerative Tech & Localized Belonging Programs